

A high-angle, wide shot of a rugged mountain valley. In the foreground, a winding asphalt road follows the left bank of a wide, shallow river with milky, brownish water. The river flows from the background towards the bottom right. The surrounding mountains are steep and rocky, with visible erosion patterns and some snow patches on the higher peaks. The sky is filled with heavy, grey clouds, creating a moody atmosphere. The overall color palette is dominated by earthy browns, greys, and the white of the snow and clouds.

# ADVENTURUSH

## INCLUSIONS

- **Accommodation** – Twin or triple sharing based on group size
- **Veg Meals** – Breakfast, lunch and dinner for trek days
- **Expert Instructor** – Trained and experienced trekking instructor and guide
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent
- **Safety Shoes** - Crampon/ Microspikes/ Gaitors as needed
- **All Permits & Fees** – as applicable
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher
- **Cook/ Support staff** – for your delicious meals and other support
- **Transportation** – Please speak to vendor partner post booking to coordinate pickup point & time

## EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Insurance** - Medical, Accidental, theft
- **Airfare / Rail fare**
- **Pickup and Drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Beverages**
- **Stay in Guest house/ Home stay** – Stay will be provided in camping tents
- **Medical Emergencies** - any injury or medical emergencies sustained by the adventurers during the activity
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, road blocks, bad weather or any other unforeseen circumstances beyond our control
- **Anything not listed under “inclusions”**

## ITENARY

### Day 01: Arrival at Manali (Base camp)

Upon arrival in Manali, enjoy a warm-up day and check in the camp. Later in the day, meet your tour guide who will walk you through the trek that starts the next day. Understand the mountaineering instructions well.

Enjoy dinner at the camp.

### Day 2: Manali - Solang Nallah - Shagadugh | Drive 14 Kms | 4 Kms Trek | 6 hours | 8,400 ft

Enjoy a scrumptious breakfast and drive to the beautiful Solang Valley. Start your trek from Solang Nallah Camp to Shagadugh. Walk through the beautiful pine and oak forests. You will also spot game birds such as Monals and Khaleej Pheasants. Walk through these scenic trails and gorgeous open meadows to reach Shagadugh camp.

Enjoy overnight stay in camp.

### Day 03: Shagadugh – Patalsu Peak – Shagadugh | 6 Kms | 3 hours | 13,845 ft

After a delectable breakfast in the lap of nature, proceed towards the fascinating Patalsu Peak, situated at 4,220 m. Start your 3 km hike on an alpine meadow. Steep inclines will walk you past the lush evergreen forests and trail through the fascinating and uneven terrains to reach the Summit. Upon arriving at the Patalsu peak, take in panoramic views of the Shitidhar, Friendship and Manali peaks.

Soak in the serenity and calmness and start descending to the Shagadugh campsite for a relaxed overnight stay.

### Day 4: Shagadugh – Manali | Drive 14 Kms | 4 Kms Trek | 6 hours | 8,400 ft

After enjoying your breakfast, descend to Solang ground via Solang village. From here, enjoy your drive back to Manali. You will be dropped off at Manali Volvo bus stand.